

BIOMETRIC SCREENINGS

What If a 15 Minute Visit Could Save a Life?

Biometric screenings provide critical health information for your employees. In fewer than 15 minutes, our PK clinicians can provide a comprehensive analysis on a wide range of standard health screenings. The best part? They can deliver real-time results so employees get immediate feedback about their risks for diabetes, heart disease, hypertension, and other chronic conditions.



What Are Biometrics?

Biometric screenings are a series of standard health tests designed to offer insight into the overall health of your employees. By providing friendly screening experiences and quality health education, we believe that employee engagement in workplace wellness programs will be strengthened and that they will be more motivated toward positive lifestyle changes.

Our Biometric Screening Packages combine the comprehensive health screening with personalized wellness coaching to help employees take action to improve their health. The screenings include the following measurements:

- Total Cholesterol (TC), HDL Cholesterol, LDL Cholesterol, TC/HDL Ratio, and Triglycerides
- Glucose Levels
- Blood Pressure
- Height
- Weight
- Body Mass Index (BMI)
- Employer Aggregate Report

In addition to biometric testing, our clinicians provide private coaching time to discuss results, talk about health concerns, and plan for positive lifestyle changes. This allows employees to take immediate steps towards improving their health with further education and information.

86%

Americans are projected to be obese by 2030.

51%

of adults with high cholesterol are undiagnosed.

69%

of adults do not know their body mass index (BMI).

38 million

Americans are estimated to have diabetes, 5.3 million more are undiagnosed, and 87 million more are pre-diabetic.

Biometrics can make a serious difference. Here's why.

Biometric screenings are a way to protect employees from potential health risks, which in turn reduces the overall healthcare costs for your company. Between work, family, and extracurricular activities, people lead busy lives. These on-site screenings, provided by employers, allow employees to fit this vital check-up into their regular workday.

After results are finalized, your employees will be provided with a detailed report of their testing results and descriptions of any associated risks. If an employee is considered at-risk in any of the tested categories, he or she will be given a list of those risks, how to rectify them, and which healthcare providers to see to begin treatment of their issues.

Healthy people cost nearly \$4,000 less per year, are more productive, and contribute more to the performance of your company. Incentivizing and helping people stay healthy is key to your bottom line. Offering on-site wellness programs is one of the most convenient and effective ways a company can help employees understand their health risks and make better choices about their lifestyle. As an employer, knowing more about the prevalent health risks in your organization can help you not only save time and money, but also develop wellness strategies and deliver motivating programs.

POWER KUNKLE PROVIDES THE KEYS TO WELLNESS SUCCESS

- ① Consulting for branding and promoting your wellness program
- ② Developing short- and long-term goals
- ③ Building a comprehensive wellness program that includes biometric screenings, coaching, incentives, and challenges
- ④ Establishing a wellness culture

**PROTECT YOUR EMPLOYEES.
CALL US TODAY TO LEARN
MORE ABOUT BIOMETRICS.**



Wellness Matters
EVERY PERSON. EVERY TIME.

pkbenefits.com

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